

## ENNEAGRAM SUBTYPES

**Instructions:** Fill in the blanks for each Enneagram subtype with the appropriate key words on pages 2 and 3.

### **Type One**

Self-Pres. \_\_\_\_\_

Sexual \_\_\_\_\_

Social \_\_\_\_\_

### **Type Two**

Self-Pres. \_\_\_\_\_

Sexual \_\_\_\_\_

Social \_\_\_\_\_

### **Type Three**

Self-Pres. \_\_\_\_\_

Sexual \_\_\_\_\_

Social \_\_\_\_\_

### **Type Four**

Self-Pres. \_\_\_\_\_

Sexual \_\_\_\_\_

Social \_\_\_\_\_

### **Type Five**

Self-Pres. \_\_\_\_\_

Sexual \_\_\_\_\_

Social \_\_\_\_\_

### **Type Six**

Self-Pres. \_\_\_\_\_

Sexual \_\_\_\_\_

Social \_\_\_\_\_

### **Type Seven**

Self-Pres. \_\_\_\_\_

Sexual \_\_\_\_\_

Social \_\_\_\_\_

### **Type Eight**

Self-Pres. \_\_\_\_\_

Sexual \_\_\_\_\_

Social \_\_\_\_\_

### **Type Nine**

Self-Pres. \_\_\_\_\_

Sexual \_\_\_\_\_

Social \_\_\_\_\_

1. *Family* – Comforted by being around people who share same values and beliefs; earthy, sensuous; somewhat cynical, opportunistic, selfish.
2. *Confidence* – Seeks intense, brief, meaningful encounters; keeps emotional connection with each person separate from the others; gets a charge from secrecy.
3. *Appetite* – Neglects real needs in favor of substitutes; doing without is often somaticized; very concrete; can be invasive, talkative. Merges with things.
4. *Privileged* – Dependent, early sense of being “the favorite,” wants “the best.”
5. *Security* – Too sure of self, overconfident; selfish, demanding, great emphasis on material worth.
6. *Aggression/Seduction* – Aggressive in pursuit, can lead partner around by the nose; seemingly independent.
7. *Dauntless* – Self-sacrificing, self-contained, counterdependent, self-demanding, likes life on the edge.
8. *Service* – Ambitious, accepts limitations in service of recognition, creates idealized social order; important to equalize authority.
9. *Competition* – Denies inferiority through competitive anger and rivalry with people who get what one wants; arrogant, pushy.
10. *Possession/Obsession* – Possessive toward intimates and friends; emotional, dramatic; wants to know everything about someone; lusty in love and commanding in business where they are relentless competitors.
11. *Worry* – Afraid to take risks, obsessed with getting details right.
12. *Shame* – Calls negative attention to self, competes for approval from “special” people; wants to receive favors yet conveys “I’m nothing.”
13. *Zeal* – Passion for being *righteous*, aggressive and possessive in personal relationships.
14. *Totem* – Knowledge is power, pursues ideas/people that influence culture, explain human behavior, shape the history of ideas; searches for the absolute; often quite cold.
15. *Nonadaptability* – Narrow endorsement of *own* values for causes and ideals; wants to make right choices.
16. *Prestige* – Seeks social credentials; projects persona for others’ approval; important to look good.
17. *Ambition* – Pushy through semblance of achievement; wields influence indirectly; wants to impress.
18. *Warmth* – Soft, friendly, devoted to friendship, demonstrates harmlessness and bottles up anger; scares self and doesn’t realize it.
19. *Participation* – Merges with group; provincial, undeveloped, narrow viewpoint; sense of being from feeling the value of the group but participates on the margins.

20. *Duty* – Seeks protection, becomes too dependent on rules; contains fear through mutual obligation and commitment; protector of the underdog.
21. *Castle* – Shy, socially awkward, unable to confront, does with very little, avoids personal entanglements.
22. *Suggestibility* – A dreamer, narcissistic, enthusiastic, even manic; “extraterrestrial;” avoids commitment but magnetized by peoples’ stories.
23. *Satisfaction* – Machiavellian, antisocial, desires privacy; preoccupation with comfort.
24. *Masculinity/Femininity* – Focus on sex appeal, attractive image; emphasis on form and surface.
25. *Complicity* – Friendship without judgment within a closed circle of friends who can hold their own and assert themselves; survival through alliance.
26. *Union* – Finds “being” through another (confluence, fusion, symbiosis); confusion about contact (real contact would be awareness of differences).
27. *Strength and Beauty* – Pushing against fear by taking risks, show of power that covers inner doubt; intimidating, but shy and sensitive underneath.